

Your Wellness Experiences & White Crane Tai Chi—Qigong Retreat



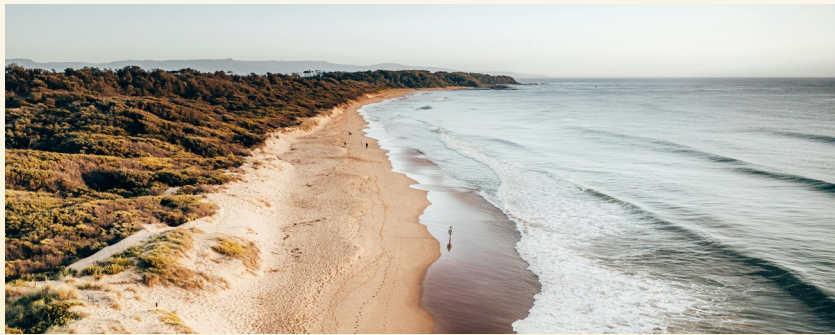
Wellness / Tai Chi

Retreat includes:

Daily Tai Chi and Qigong training and other
mindfulness activities



YOUR
WELLNESS
EXPERIENCES



Meditation Opportunities



Tai Chi on the beach



Mindfulness Work



Cape Meares Lighthouse

Details

Location: Barview Jetty Campground Rockaway Beach, OR

Dates: July 20-22, 2026

Lodging: On your own

Cost: Donations

More Info: Visit <https://tinyurl.com/4czjky36> (or scan)

